

Today's Parent

WIN
Housecleaning
for a year! p.67

Todaysparent.com

stuff **family room**

You light up my night

Keep bad dreams at bay with these shimmering and soothing night lights. (No need to worry about adverse effects on your child's vision — studies have shown night lights do not increase the chance of nearsightedness in kids)



1

1. Bright buddies

Mobi's TykeLight guys, with their arms in the air, silently cheer "woo hoo for a little shut-eye!" Battery-operated with dim and bright settings, they'll climb right into bed and stay lit till morning. \$30, getmobi.com and momstobeandmore.com

2. Sparkle and flow

These plug-in Hampton Bay lights, in blue, pink or green, will lull tired tots to the land of zzz's. \$3 to \$5, homedepot.ca



2

3. The sea of sleep

Favourite Disney characters, like the Little Mermaid, will give your little girl an encouraging grin, helping her drift happily into dreamland. \$29.99, sears.ca



3

4. Wall flowers

With cheerful colours and design, the plug-in Oopsy Daisy lights offer soft, peaceful light from across the room. \$22, momstobeandmore.com



4

5. Tummy beam

The soft-glowing belly of Sleep Tight Teddy gives safety and comfort all through the night. \$29.99, sears.ca



5

6. Late night with ladybug

Cloud b's Twilight Ladybug casts a blanket of warm light up on the ceiling of your little one's room. \$50, cloudb.com



6

ANGUS FERGUSSON

How to
treat your
baby's
sniffle
p.75